



# ADULT HEALTH QUESTIONNAIRE

Your answers to the following questions will help us to understand your medical history and the concerns you'd like to discuss with your doctor. Please fill out as much of this questionnaire as possible. If you cannot answer some of the questions or feel uncomfortable answering them, leave them blank. Thank you for your help.

PATIENT NAME: \_\_\_\_\_

PATIENT DOB: \_\_\_\_\_

TODAY'S DATE: \_\_\_\_\_

MEDICAL HISTORY: \_\_\_\_\_

PLEASE LIST ANY MEDICATIONS ALLERGIES OR REACTIONS: \_\_\_\_\_

### PLEASE CHECK TO INDICATE IF YOU HAVE EVER HAD THE FOLLOWING CONDITIONS:

- DIABETES                       HIGH BLOOD PRESSURE                       ASTHMA                       STROKE
- KIDNEY DISEASE               HEART ATTACK                       HEPATITIS                       DEPRESSION
- ANEMIA                       ANGINA                       ANXIETY                       GERD
- THYROID DISEASE               EMPHYSEMA                       SEIZURES                       ARRHYTHMIA
- TUBERCULOSIS               CORONARY ARTERY DISEASE               CONGESTED HEART FAILURE
- EYE PROBLEMS – TYPE: \_\_\_\_\_  CANCER – TYPE: \_\_\_\_\_
- OTHER: \_\_\_\_\_

### PLEASE INDICATE ANY SURGERIES YOU HAVE HAD:

- ANGIOPLASTY                       ANGIOPLASTY W/ STENT                       APPENDECTOMY                       COLECTOMY
- ARTHROSCOPY KNEE               BACK SURGERY                       CORONARY BYPASS/ CABG               COLOSTOMY
- CARPAL TUNNEL RELEASE               CATARACT EXTRACTION               CHOLECYSTECTOMY               GASTRIC BYPASS
- HERNIA REPAIR                       HIP REPLACEMENT                       LASIK                       LIVER BIOPSY
- ORIF/FRACTURE REPAIR               PACEMAKER PLACEMENT               THYROIDECTOMY               TONSILLECTOMY
- PROSTATE BIOPSY                       TURP/ PROSTATE RESECTION               VASECTOMY                       HYSTERECTOMY

OTHER SURGICAL PROCEDURES: \_\_\_\_\_

### PLEASE CHECK ANY OF THE FOLLOWING SCREENING TESTS YOU HAVE HAD AND INDICATE THE PLACE OF SERVICE OR PROVIDER/PROVIDER'S OFFICE WHERE RECORDS CAN BE OBTAINED:

- WELLNESS VISIT: \_\_\_\_\_  FOBT: \_\_\_\_\_
- COLONOSCOPY: \_\_\_\_\_  EYE EXAM: \_\_\_\_\_
- FOOT EXAM: \_\_\_\_\_  MAMMOGRAM: \_\_\_\_\_
- BONE DENSITY (DEXA): \_\_\_\_\_  PAP SMEAR: \_\_\_\_\_
- PSA: \_\_\_\_\_

### IMMUNIZATIONS:

- PNEUMOCOCCAL: \_\_\_\_\_  PREV13: \_\_\_\_\_
- ZOSTER: \_\_\_\_\_  FLU: \_\_\_\_\_
- TETANUS: \_\_\_\_\_

### PLEASE INDICATE YOUR HABITS:

- CIGARETTES                      AGE STARTED: \_\_\_\_\_                      HOW MANY PACKS PER DAY? \_\_\_\_\_
- ALCOHOL                      HOW MUCH: \_\_\_\_\_
- CAFFEINE                      SODA/TEA/COFFEE/CHOCOLATE                      HOW MANY GLASSES PER DAY? \_\_\_\_\_

### FAMILY HISTORY: (M) MOTHER (F) FATHER (B) BROTHER (S) SISTER

- HYPERTENSION               HEART ATTACK                       BLOOD PROBLEMS                       LUNG PROBLEMS                       BREAST CANCER
- KIDNEY PROBLEMS               LIVER PROBLEMS                       COLON CANCER                       STOMACH CANCER                       LUNG CANCER
- GLAUCOMA                       STROKE                       DIABETES